

# ST CRISPINS WELLBEING *Cafe*



**EVERY WEDNESDAY 09:30AM - 12:00PM**

ST CRISPIN'S COMMUNITY CENTRE - SMALL HALL  
ST CRISPIN DRIVE, NORTHAMPTON, NN5 4GJ



JOIN US FOR A DRINK AND A FRIENDLY CHAT. WHETHER YOU WANT TO GET LOST IN A MAGAZINE, CLICK AWAY AT YOUR KNITTING, OR CHALLENGE SOMEONE TO A GAME, THIS IS YOUR SPACE TO UNWIND. ENJOY A LITTLE PEACE AND QUIET IN GOOD COMPANY.

COME SOLO OR BRING A FRIEND—  
EVERYONE IS WELCOME!

